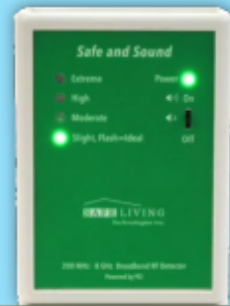


Consider an EMF-Testing Meter

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For an economical wireless testing meter, we recommend the [Safe and Sound RF Detector](#) (\$171 with coupon code **TBYP-5**), produced by Safe Living Technologies in Canada. If you don't need the exact numbers, but instead just want to see (and hear!) if the wireless levels are "slight, moderate, high, or extreme" according to published science, then this is the product for you.



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We also recommend the [Cornet ED88TPlus](#) (\$180 w/ free shipping), a "tri-field" device, which provides an accurate read on wireless (radiofrequency / "RF"), magnetic (low frequency) and electric (extra low frequency) field strength. This has a "peak hold" feature which allows you to see the maximum RF levels - very useful for testing a pulsing 'smart' meter. And, the Cornet devices can also output sound in real-time, so you can see and hear the intensity of the radiation.



Keep your phone from using 5G

Since 3G emits MUCH less radiation, use 3G instead of 4G/LTE or 5G.

On an iPhone, go to Settings> Cellular> Cellular Data Options> Enable LTE and select "Off".

And turn off Cellular Data entirely if you can.